

Autumn/Winter
2024

WEEK ONE

02/09/2024
23/09/2024
14/10/2024
04/11/2024
25/11/2024
16/12/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option one	Stir Fry Chicken with 50/50 Brown & White Rice	A choice of Burger or Homemade Beetroot Burger with Toppings and Potato Wedges	Roast Turkey with New Potatoes & Gravy	Spaghetti Bolognaise	Chicken Nuggets with Potato Chips
Option two	Vegetarian Stir Fry with 50/50 Brown & White Rice		Boroka with New Potatoes & Gravy	Vegetable & Lentil Bolognaise	Veggie Nuggets with Chips
Vegetables	Peas Sweetcorn	Green beans Carrots	Broccoli Cauliflower	Carrott Sweetcorn	Peas Mixed Vegetables
Dessert	Lemon Drizzle or Fresh Fruit	Chocolate Rice Crispy Cake or Fresh Fruit	Red Velvet Cookie or Fresh Fruit	Syrup Sponge or Fresh Fruit	Double Choc Chip Cookie or Fresh Fruit

WEEK TWO

09/09/2024
30/09/2024
21/10/2024
11/11/2024
02/12/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option one	Baked Chicken Schnitzel with Mashed Potato	Beef Meatballs with Wholemeal Pasta	CHICKEN SHACK	Savory Mince with Mashed Potato	Fish Fingers with Chips & Tomato Sauce
Option two	Veggie Schnitzel with Mashed Potato	Vegetarian Meat Balls with Wholemeal Pasta	A choice of BBQ Chicken or Lemon & Herb or Falafel, with Pita Bread and Salads	Vegetable & Lentil Cottage Pie	Cheese Omelette with Chips & Tomato Sauce
Vegetables	Green Beans Sweetcorn	Cauliflower Carrots	Israeli Salad	White Cabbage Broccoli	Peas Mixed Vegetables
Dessert	Chocolate Rice Crispy Cake or Fresh Fruit	Cinnamon Sponge or Fresh Fruit	Strawberry Jelly or Fresh Fruit	Choc chip Cookie or Fresh Fruit	Chocolate Mousse or Fresh Fruit

WEEK THREE

16/09/2024
07/10/2024
28/10/2024
18/11/2024
09/12/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option one	Classic Beef Bolognaise with Garlic Bread	Chicken or Flaked Salmon Taco with Rice	Wow Wednesday	Teriyaki Turkey with vegetables and Rice	Chicken Shawarma with a Pitta and Salad
Option two	Macaroni Cheese with Garlic Bread	Vegetarian Taco with Rice	Wow Wednesday	Teriyaki Vegetables with Rice	Falafel with Pitta and salad
Vegetables	Sweetcorn Courgettes	With Carrots and Peas	Green Beans Carrots	Cauliflower Broccoli	Peas Mixed Vegetables
Dessert	Cinnamon Cake with Icing or Fresh Fruit	Flapjack or Fresh Fruit	Chocolate Crispies Cake or Fresh Fruit	Syrup Sponger Fresh Fruit	Chocolate Chip Cookie or Fresh Fruit

MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked - Daily salad selection